

PSHE at Sandbrook



At Sandbrook Community Primary School we aim to give children, the knowledge, skills and understanding they need to be healthy, independent and responsible members of society. We encourage all our pupils to play a positive role in contributing to school life through the School Council/Pupil Voice, fundraising events and involvement in community activities. Our pupils are given opportunities in PSHE lessons and assemblies to develop confidence, self-motivation and an understanding of their rights and responsibilities within our diverse society.

At Sandbrook, we have very high expectations for behaviour and using excellent manners. To encourage this, the whole school follow the same set of school rules and playground rules. Each class at the beginning of the year forms a new class contract and statement and also a set of rules to follow when in the classroom.

As part of our PSHE and citizenship work, the children are encouraged to develop independence and a sense of responsibility for themselves and others. We teach PSHE in a variety of ways: as a discrete subject, via assemblies and through other subjects such as RE, history, geography, English, maths and science, as well as through outdoor educational visits, community work and activities.

The Early Years and Foundation Stage follow the Statutory Framework for the EYFS and the guidance from 'Development Matters'. Stories and puppets are used to demonstrate appropriate behaviour and values expected of them.

KS1 children have weekly Dinosaur School sessions from a fully trained member of staff. DVDs, puppets, special activities, games, and books are used to teach young children friendship skills, emotion language, problem solving, and anger management techniques.

KS2 children follow the SEALs programme of planned themes which incorporate many of the concepts taught in earlier years. They do this through interesting and varied activities. Many lessons are introduced with a circle time approach or a dream journey which allow the children to explore feelings yet still feel confident and secure.



